# Senior Parent Information Night

JHHS Counseling Department

Fall 2025

# Get to know your Counseling Department

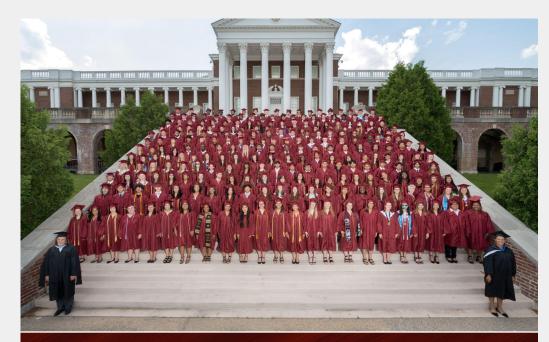


Row one: Mrs. Cranford (Judges IX), Mrs. Woods (Registrar), Mrs. Brewster (P-Z)

Row two: Ms. Jones (G-O), Mrs. Fradillada, Mrs. Saville (Admin. Assistant), Ms. Shoemaker (A-F)



- Packets to order
   caps/gowns/announcement
   packages will be distributed to
   seniors on Wednesday, September
   24th.
- Jostens will be back during lunches on Friday, October 10th to collect orders.





CLASS OF 2022

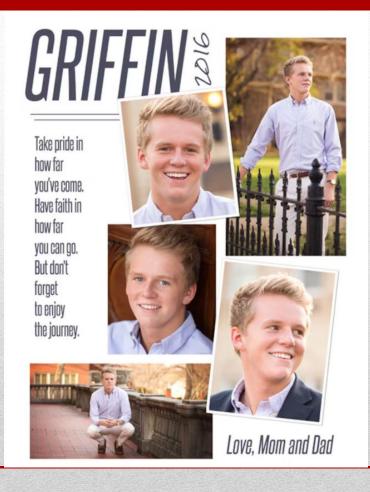
JOHN HANDLEY HIGH SCHOOL



The 2026 *Handlian* Yearbook is now available for purchase!

Go to <u>yearbookforever.com</u> to purchase your yearbook for \$70. The price will increase January 1st, 2026.

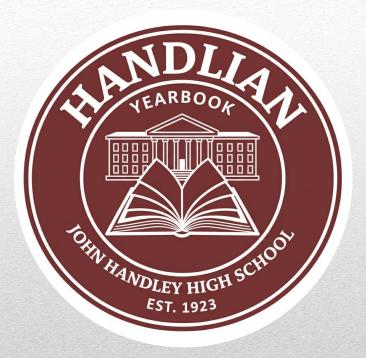




Are you interested in buying a senior ad in the 2026 Handlian?

Go to <u>yearbookforever.com</u> for pricing info <u>and</u> to create a memory that will last a lifetime!





Are you a business owner? Get your brand in front of students, families, and alumni by advertising in the 2026 Handlian yearbook!

Email Mr. Stockdale at stockdalet@wps.k12.va.us

Hurry! Space is limited-





Photo by Braylen Garren

Did you take a great pic at one of our school events? Share it with us and it just might end up in the Handlian!



# YEARBOOK SNAP

You take great photos every day. Send us your best photos for consideration in the **Handlian!** 

-2 WAYS TO SUBMIT Your photos to the Yearbook Staff:

Download the Yearbook Snap mobile app from the App Store or Google Play, and enter our access code: **Handley2026** 

NR

Go to yearbookforever.com, enter our school name, click on Yearbook Snap and enter our access code: **Handley2026** 



It's your life. Share your photos of it!

Walsworth yearbooks

# Sites to be familiar with:

**JHHS Events** 

http://jhhs.wps.k12.va.us/

School Counseling Website (Senior Newsletter/Scholarships) <a href="https://www.wps.k12.va.us/domain/1526">https://www.wps.k12.va.us/domain/1526</a>

**Senior Class 2025 Canvas -** announcements will be made here (including scholarship information)

Judges' Docket - sent to families every Sunday @ 4:00pm

# **Who To Contact**

#### **Class Sponsors:**

- Kelly Huynh (huynhk@wps.k12.va.us)
- Noah Miller (millern@wps.k12.va.us)

#### **Yearbook Sponsor:**

Timothy Stockdale (stockdalet@wps.k12.va.us)

#### **Cap and Gown Packets:**

Ingrid Bousquet (<u>bousqueti@wps.k12.va.us</u>)

#### Cap/Gown/Announcement Packages Questions:

Jostens website

# Your class sponsors

HOCO donations donations Hall decorating

Baby Pics/fun pics -Senior chapel senior events etc parties etc



Watch the CANVAS
PAGE

# **Senior Parents Meeting**

- A meeting will take place Monday, September 29th at 6:00 pm in the commons
- If you are interested in helping with the Senior Scavenger Hunt and all of the other fun end of the year activities, you are encouraged to attend this meeting.
- If you want to be involved but can't make the meeting time, email Lindsay Hoffman: LindsHof@gmail.com

## **Important Dates**

Sept. 16 Senior Parent Information Night Innovation Center, 6:00 p.m.

College Application Process (YOU CAME, GREAT JOB)

Sept 24 VACRAO College Fair, Apple Blossom Mall, 6:00 p.m.

Oct. 7 Financial Aid Information Night, Main Cafeteria, 6:00 p.m.

Oct. 20-24 Virginia College Application Week

## **Graduation Requirements**

#### **Advanced Diploma**

- 4 Math
- 4 Science
- 4 Social Studies
- 4 English
- 1 Kinesiology
- 1 Health
- 1 Fine Art or CTE
- 1 Economics and Personal Finance
- 3 World Languages or 2 years each of 2 different
- CTE Credential or AP/Honors Class/Work Based Learning/Dual Enrollment
- 3 Electives Including a Sequential Elective
- 5 Verified Credits (SOL)

#### 26 Total Credits

#### **Standard Diploma**

- 3 Math
- 3 Science
- 3 Social Studies
- 4 English
- 1 Kinesiology
- 1 Health
- 2 Language, Fine Art, or CTE
- 1 Economics and Personal Finance
- 4 Electives Including a Sequential Elective
- CTE Credential or AP/Honors Class/Work Based Learning/Dual Enrollment
- 5 Verified Credits (SOL)

#### 22 Total Credits

#### What Happens Next?

- Workforce
- Technical School Training and/ or Apprenticeship
- Military ASVAB test
- Associate Degree (2 year)
  - Applied Studies: 2 year and work
  - Transfer: 2 year and continue at a 4 year college
- Bachelor's Degree (4 year)

## **Pros and Cons of Community College First**

#### **Pros**

- Starting in a smaller setting can make a big difference.
- Lowers cost
- Increased flexibility (i.e. more night classes) and smaller class sizes
- Work opportunities with a 2 year associate's degree
- Chance to improve your grades
- No SAT/ACT required

#### **Cons**

- Limited curriculum (there may be more general education course offerings you're interested in at a 4 year university)
- You might have to retake some classes or test out of them (if going out of state)
- Clubs, extracurricular activities, and forming bonds with your cohort might not happen as easily.

# Laurel Ridge Community College Transfer Programs (2 + 2)

#### **Assoc of Arts & Sciences**

- Business Administration
- Education
- General Studies:

   Admin of Justice, Human
   Services, Rec & Outdoor
   Leadership
- Liberal Arts:
   Communication, Fine Arts,
   Philosophy & Religion

#### **Associate of Science**

- Agricultural Science
   Specialization
- Computer Science
   Specialization
- Engineering Specialization
- Forensic Science
   Specialization
- Health Professions
   Specialization
- Science (General)

### What is...





**TransferVirginia.org** 

Transfer Virginia is an initiative to provide transparency and access throughout the college transfer process.

Through the Transfer Virginia portal, we strive to provide you consistent and current information from all partner institutions.

You can research, plan and organize your transfer journey using the information and resources available within this portal from Virginia's institutions.

## **Laurel Ridge CC Workforce Solutions**

- Business and Professional Development
- Computers and Technology
- Healthcare and Wellness
  - Clinical Medical Assistant
  - Phlebotomy Technician
  - Ophthalmic Assistant
  - Dental Assistant
  - Pharmacy Technician
  - Patient Service Representative:
     Certified Medical Administrative
     Assistant

- Industry, Manufacturing and Construction Trades
  - Electrical
  - HVAC
  - Plumbing
  - Welding
  - Multi Craft
  - Small Engine Repair
  - Mechatronics
  - Manufacturing Specialist Certification
  - Construction
    - Blueprint, AutoCad
- Transportation
  - CDL
  - Auto Dealer





## Laurel Ridge CC Workforce Solutions

## <u>Catalog</u>



To learn more, visit LaurelRidgeWorkforce.com or call 540-868-7021, #LaurelRidgeWorkforce 🕴 🗾 in 🔼 📵

Visit laurleridgeworkforce.com/funding or see page 31.



## **G3 Program through Laurel Ridge**

## Who is eligible for the G3 Program?

Any Virginia resident who:

- Qualifies for in-state tuition
- Has a total household income of less than or equal to 400% of the Federal Poverty Level (roughly an income of \$124,800 for a family of four)
- Is enrolled for a minimum of six credit hours in a Virginia community college
- Is enrolled in a designated G3 program
- Has applied for federal and/or state financial aid programs.

# What are the designated programs?

- Healthcare
- Computer Information Technology
- Manufacturing and Skilled Trades
- Early Childhood Education
- Public Safety

## How does tuition assistance work?

G3 Program funds make up the difference between what federal or state financial aid pays for and the cost of tuition, fees, and books for the program.

# **Apprentice Programs**

**Newport News Apprentice School** 

•AS.edu

Norfolk Naval Shipyard

USAjobs.gov

**Laurel Ridge Workforce Solutions** 

## **Examples of Jobs:**

Electrician, Welder, Marine Machinery Mechanic, Pipefitter, Painter, Rigger, Metals Inspector, Heavy Mobile Equipment Mechanic, Fabric Worker, Insulator...

## **Newport News Apprentice School**

To be a competitive applicant you should have 5 or 6 of the following:

- Algebra 1
- Geometry
- Algebra 2/Trig.
- Pre-calculus and/or Calculus
- Chemistry
- **Physics**
- CTE classes such as: Carpentry & Welding

Good grades in English

An average GPA of 2.8-3.0

\*There are more options listed on the Apprentice School website

## 4 Year College Track



## What do 4 year colleges look for?

- GRADES!! (mainly in core classes)
- Strength of curriculum (look at <u>all</u> courses offered at JHHS)
- SAT or ACT scores (many schools are still test optional)
- Essay or Writing Sample
- Extracurricular involvement
  - School & Community
  - Consistency & Commitment vs. Numbers
- Student Demonstrated Interest

## **Experiences MATTER**

During the UVA School Counselor workshop, admissions counselors shared that student experiences do matter. Accepted student commonalities include:

- 92% participated in community service
- 80% pursued an independent hobby
- 76% listened generously to a cause they believe in 72% tutored a friend or classmate
- 70% contributed to a cause they believe in
- 72% tutored a friend or classmate

#### The Tests: SAT and ACT

#### **Test Scores:**

- Sent directly from the testing agency to college you must request it.
  - SAT/ACT gives you four free score reports
     (can request up to 7 days after test)

#### **USE THESE FREE REPORTS**

- Schools Superscore (mix and match highest score)
- Subject test were discontinued by College Board in Jan. 2021
- Remember good test taking habits: full night of sleep, breakfast, etc.

## **College Search**

- US News World Report Best Colleges
- www.bigfuture.org
- Things to consider:
  - Size
    - Very Small fewer than 1000 students
    - Small 1000-3000
    - Medium 3000-10,000
    - Large: More than 10,000
  - Majors/Minors
  - Distance from home
  - In State vs Out of State
  - Public vs Private
  - Cost of attendance

## **Applying to College**

- Types of Deadlines
  - Early Action Non binding (Taking action)
  - Early Decision Binding (Making a decision)
  - Regular Decision
    - (usually notified Early April) Respond by May 1
  - Rolling Admission
- DEADLINES, DEADLINES
  - Early Action/Early Decision deadlines: Are typically October and November
  - Regular Decision: December/January

EVERY SCHOOL IS DIFFERENT
Start organizing deadlines & requirements

# Applying to College

# **Application Portals**

- Directly to schools
- Common App
- Coalition App
- Common Black College App
- SENDEdu App

#### Common Application

- Fill it out once and then use it for multiple schools
- Each school has the option to add their own specific questions
- VA schools have you fill out an extra section to determine residency
- Use your counselor's email address!!!
- School Application on the college website
- Do not use your phone! Use a PC or laptop

High school inform	nation					
High school name:	John Handley High	School				
High school address:	425 Handley Blvd	. Winchest	er, VA 22655	i		
CEEB code: 472435						
Graduation date:	5/29/2026					
Counselor informa	ation					
Counselor name:	s. Shoemaker, A-F;	Ms. Jones	, G-O; Mrs. E	Brewster, P-Z		
Counselor job title:	School Counselor					
Counselor email: Sh	noemaker@wps.k12	2.va.us, Jo	nesC@wps.k	12.va.us, Brev	vsterV@wps	s.k12.va.us
Counselor phone: 5	40-662-3471					
Grades and currer	nt courses					
Graduating class size (	approx.): 350		GPA scale: (4, 5, 6, 7, 8, 9, 10	4.0 0, 11, 12, 13, 14, 15, 1	6, 17, 18, 19, 20,	100, None)
Class rank reporting:	☐ Exact ☐ Decile ☐ Quartile ☑ None	☐ Quintile	GPA weighting	ng: 🗵 Weighted	Unweighted	d
Class rank weighting:	☑ Weighted □ Unweighted □	ghted	Course schee	duling system:	☑ Semester ☐ Quarter	☐Trimester

## Items on the Application

- Demographic Data you can start filling this out now on the Common App
- Activities and Sports: in and outside of school
- Leadership
- Coursework
- Essay If it is optional, DO IT! Customize essay to each school, some allow video essays
- Short Answer Questions

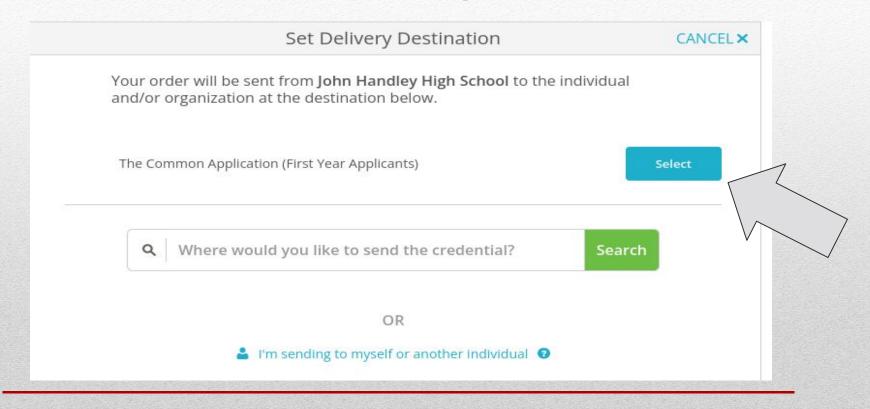
#### **Other Items Needed**

- Recommendations Counselor/Teacher/Coach/Club Advisor -
  - Ask and allow 3 weeks
  - Give a brief resume of involvement and accomplishments
  - Provide a stamped /addressed envelope
  - □ Emailed recommendation → make sure you tell the teacher
- High School Transcript
  - Students now request their transcript electronically through Parchment
     \*It is FREE
  - Allow 2 work weeks before deadline

## Request a Transcript

- PARCHMENT
- Parchment is used for <u>ALL</u> transcript requests, including the Common App, as well as, sending transcripts to individual schools.
- Laurel Ridge CC (Transcript Request) should be done AFTER you've committed to a college and your Spring grades are final.
- For final transcript requests select "Hold for final grades" on Parchment

## **Parchment Requests**



## Virginian College Application Week

#### October 20-24

- Fee waiver codes for schools across the state of VA and some surrounding states.
- Time to work together on your individual college applications and/or Common App.
- College and Universities will be visiting in person
  - On-the-spot admission decisions
  - Informational sessions to learn more about their campus and programs.
- More information to come!

# Prepare for VCAW by:

- Create your Common App account
- Add the schools you want to apply to
- Complete college essays
- Gather your Letters of Recommendation
- Send your transcripts & your SAT/ACT scores

#### **Financial Aid**

- Types of Aid:
  - Grants, Scholarships, Work-Study or Loans
- Free Application for Federal Student Aid
  - fafsa.ed.gov
  - Opening October 1, 2025
  - Pell Grant Free Money
  - Required by schools for all types of aid
- Institutional Financial Aid
  - Merit based scholarships require that your application be turned in around the November/December time frame (varies depending on the school).
  - require FAFSA to be considered for institutional aid
- Financial Aid Night October 7, 6:00pm



## **Scholarships**

- Senior Canvas page
  - □ TONS of information posted here, from scholarships to cap and gown ordering reminders, etc.
  - Ensure your student has joined our Canvas page
- Local Scholarship Application will be due in January
- Parent/Guardian employer
- Social Service Organizations
- Never pay for a scholarship search
- Merit Scholarships and Honors programs have earlier deadlines

### **SCHOLARSHIPS**



#### LOCAL SCHOLARSHIP APPLICATION

DUE: Friday, January 9, 2026

\*\*\*Please note: if an application is received without an accompanying resume/activity supporting document, the application will be considered incomplete and will not be reviewed by the Scholarship Committee.

#### FINDING SCHOLARSHIPS

#### Going Merry

THE NEW, COOL KID

- \$20 billion database of scholarships and aid
- · Lots of local scholarships
- . Bundled scholarships One application applies you to multiple opportunities!
- · Apply directly on site, with auto-filled
- · Filter, favorite, or ignore scholarships
- No advertisements
- · iOS and Android apps

#### Chegg Scholarships THE ALL-ROUNDER

· \$1 billion in scholarships

- · Clean interface with basic filters & favoriting
- · Additional student tools to: Research colleges, Buy/sell textbooks. Find tutors

#### **Fastweb**

THE VETERAN

- Founded in 1995
- · \$3 billion in scholarships.
- . Clean interface with basic filters & favoriting
- · Internship and part-time job search
- · Android and iOS apps

#### College Board **BigFuture**

THE PLANNER

- . \$6 billion in scholarships
- · College search and planning tools
- Many sweepstakes-style scholarships

#### Scholarships.com

THE GIANT

- · \$19 billion in scholarships
- · Social comments section to get advice from peers
- · Quick signup process
- · Some advertisements (sponsored content)
- · Android and iO5 apps

#### College website

THE NEW "HOME"

Once you've gotten admitted and/or decided on a college, check out their financial aid page, which often has information on scholarships available to their students.

Click Here for link to flier



Click here for the link to this book

#### Virginia College Profiler

There are many important factors in choosing a college. How you fit in academically and the cost of attendance (COA) are important considerations. The charts in this section provide some of the information you need to compare colleges on these factors. MANY COLLEGES HAVE ELIMINATED ACT/SAT-TEST REQUIREMENTS, ORICO HIDD HISTORIA INSTITUTION HISTORIA COLLEGES, ALMAYS VIEWS TEST REQUIREMENTS WITH THE COLLEGE'S ADMISSIONS OFFICE.

Public Universities	Test scores and fill scores company to students had lower	Estimated 2029 2020 COA before Financial Aid Coat figures are estimated and your				
	SAT 25th Percentille	SAT 75th Percentile	High School GPA 2018 Fecantile	High School GPA 193h Fercontile	unitaal castra could viery.	
Christopher Newport University	1050	1280	341	4-16	\$30,090	
College of William & Mary	1400	1550	4.18	453	\$43,666	
George Mason University	1079	1350	345	4.00	\$30,742	
James Madison University	1190	1350	3/4	4.11	\$26,082	
Longwood University	1020	1200	3.29	447	\$34,258	
Nortolic State University	850	1040	2.71	556	\$22,308	
Old Dominion University	1120	1270	3.03	3.8g	\$27,836	
Redford University	950	1170	340	3.66	\$26,442	
Richard Stand College	Not noslable	Not available	Not available	Not available	\$20,472	
University of Mary Washington	1190	1340	3.420	4.09	\$30,440	
University of Virginia	1410	1520	4.20	450	\$35,346	
University of Virginia's College at Wise	940	1105	2.74	2,98	\$24,976	
Virginia Commonwealth University	1000	1260	325	4.00	\$36,144	
Virginia Community College System	Not available	Not assibile	Not available	Not available	\$5,4137	
Virginia Wilitary Institute	1090	1264	324	3.92	\$33,016	
Virginia State University	Ruo	1070	2.63	341	\$24,582	
Virginia Tech	1290	1450	3.90	+35	\$33,892	

<sup>-</sup> Text scores and GPMs were obtained from the State Council of Higher Subvision for Virginia (SCHEV) website. SMT scores are a combination of the reading.

What a student actually pays (net price) can be lower than the cost of attendance due to a variety of factors. Find most information about Viginia colleges fution, fees and set price by two-wing the 2004-05, fullform and Fees at Viginia State-Supported Colleges and Universities report at www.actors.edu (research-publications) reports and publications.



<sup>&</sup>quot;Cast of Limendance (COA) prioritied by each codege to the fictor Council of higher failuration for Vegeta (500-VE). Cost are for full-time students and include in-coste tubins, mandatory fines, and average non-company hadronic failure products and include all components of the COA, such as non-installatory fines, program-upon fits fines, transportation, personal respectors, books and of cholor appales.

<sup>&</sup>quot;Does not include average housing and food cards.

## **Virginia Tuition Assistance Grant**

- Application for financial aid for private universities and colleges in VA ONLY
- Students awarded \$5,000 for Virginia Residency
- For Freshman, it typically is put onto your award letter and then you
  may have to follow up with additional paperwork with the financial
  aid office.

## **Student Athletes: NCAA Clearinghouse**

- Division I and Division II College Athletics
  - Must have 10 core courses going into senior year
- Register for Clearinghouse your Junior Year
  - www.eligibilitycenter.org (\$100.00 Fee)
- Send transcripts
  - Using Parchment
- Send official ACT/SAT scores
  - When registering for SAT/ACT include NCAA code 9999
- Make sure your student is eligible!
  - Connect with your coach and counselor

## **Military**



#### Take the ASVAB

- Opt in see your counselor
- Great career/vocational tool, even if not interested in military
- Talk with a recruiter from every branch, including National Guard, then decide.
- Recruiters regularly visit during lunches in the Student Union

## **Military Academies**

Naval Academy - USNA.EDU

Air Force Academy - USAFA.AF.MIL

Military Academy West Point- USMA.EDU

Coast Guard Academy - CGA.EDU

Merchant Marine Academy - USMMA.EDU

- Start the preliminary application process in the Spring of Junior Year.
- Go to "Meet and Greet" events set up by State Representatives.
  - Member of the US House of Representatives from your Congressional district
  - o Both US State Senators
  - Vice President of the United States
  - Go to websites and look at the application process NOW!

## What can your student do right now?

- Visit colleges/universities
- Get involved in extracurricular activities
  - Volunteer
  - Clubs/organizations
  - Work
  - Sports/Band
  - 0
- Register with NCAA Clearinghouse if interested in Division I or II athletics

Who are you? How do you stand out?

- Explore Careers!
  - Interest inventories
  - Job shadow
  - Informational interviewing
  - Talk it out with our Career Coach
  - Naviance.com
- Take the SAT/ACT now, if thinking 4yr
- Talk with Military Recruiters
- Ask teachers for letters of recommendation

#### Resume

- Work Experience
- Volunteer Experience
- Awards & Honors
- Sports
- Clubs & Organizations

\*In and out of school\*

# **Email Addresses:**

Mrs. Fradillada, Director of School Counseling

fradilladan@wps.k12.va.us

Ms. Shoemaker, A-F shoemaker@wps.k12.va.us

Ms. Jones, G-O jonesc@wps.k12.va.us

Ms. Brewster P-Z brewsterv@wps.k12.va.us

Mrs. Cranford, Judges IX cranforde@wps.k12.va.us

#### Book an appointment:

(Links to calendar are on the School Counseling website)



## **Summary**

- •We are here to help
  - Students can make an appointment via the link on the school counseling website.
  - □Email us
  - □Webpage/Canvas
  - •Check your school email!!

**DEADLINES!!**